THE TEN COMMANDMENTS TO SUCCESS IN EXAMS & LIFE



1. Have a 'Big Picture'. Decide in advance what you want to achieve...

If you don't know what you want to achieve - HOW do you know when you've got there?

Eg. 2 x A's, 7 x B's in exams etc...

2.Why?...

If your reason 'why' is strong enough - then you've got a great chance of getting there... BUT, when obstacles appear (and they will!) and your reason 'why' is not strong enough - you'll give up before you even started !!

Eg. I want to be an utter success and run my own business 3. Have a plan...

How will you get there... it can't just be random !!

Eg. 2 hours on monday, 1 hour on tuesday & wednesday, 2 hours thursday 4. Make it a daily priority to achieve what it is that you want...

You actually have to do things to get to where you want to... make it a priority. *Eg. Talk to Alex about... Complete task X before...*

5. Use proven techniques - Mind Map, revision techniques, work smart etc...

Make life easy for you - don't make it too tough for yourself

Eg. Mind map, speed read

6. Reward yourself...

Give yourself a reward for small successes NOT just at the end... you're human - you need to feel good about your progress... you're not a machine !!! Eg. Chocolate bar or night out with friends 7. Don't be afraid to make mistakes...

This is how you learn... so be brave and stop playing it safe all the time. Eq. Try that thing... Talk to that person... Have a go!!

8. Get rid of your excuses!!

There is no tickbox on the exam paper or in your 'life' for your EXCUSES!! Eg. 'I forgot'... or 'it's not my fault' won't wash!!

9. Believe in yourself...

You will be YOUR biggest fan in your life - so believe it !! This is the fuel you will need in your life to get you through... You'll need positive 'mind talk' Eg. Get enthusiastic, be passionate about and say "Well done me!!"

10. Do it!!

Doing nothing will achieve nothing !! FACT... and tomorrow is too late...

Eq. If you don't - someone else will!!

www.thebigpicture.eu.com

Changing students lives

[Copyright - The Big Picture Education Co. Ltd. 2011]